



## Medical History and Licensed Health Care Provider Statement

(This form must be completed by a licensed health care professional annually to remain eligible for Morning Star services.)

Patient Name: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

\*Primary diagnosis: \_\_\_\_\_ Date of onset: \_\_\_\_\_

\*Down Syndrome annual exam for AAI: Positive Negative Exam Date: \_\_\_\_\_

Seizure(s): Yes No Seizure Type: \_\_\_\_\_  
Controlled: Yes No Date of last seizure: \_\_\_\_\_

Shunt present: Yes No Date of last revision: \_\_\_\_\_

Mobility level: Non-assisted Crutches Braces Walker Wheelchair

Please check to indicate if there are current or past special needs in the following areas. If checked, please explain.  
(Attach additional pages if necessary.)

- Auditory \_\_\_\_\_
- Visual \_\_\_\_\_
- Speech \_\_\_\_\_
- Cardiac \_\_\_\_\_
- Circulatory \_\_\_\_\_
- Pulmonary \_\_\_\_\_
- Neurological \_\_\_\_\_
- Muscular \_\_\_\_\_
- Orthopedic \_\_\_\_\_
- Allergies \_\_\_\_\_
- Digestion \_\_\_\_\_
- Elimination \_\_\_\_\_
- Cognition \_\_\_\_\_
- Emotion \_\_\_\_\_

Behavior \_\_\_\_\_  
 Pain \_\_\_\_\_  
 Sensation \_\_\_\_\_

Is this patient taking any medications which may negatively affect balance, coordination, and/or cognition?

Yes No If Yes, please list medications and effects. (Attach additional page if needed.)

**Precautions and Contraindications**

The following conditions, if present, may represent **precautions or contraindications** to equine-assisted activities. **Please check any of these conditions that are present** and explain to what degree. Please be as specific as possible so that we may best evaluate your patient’s eligibility for equine-assisted activities, including horseback riding.

**ORTHOPEDIC**

- Spinal fusion
- Spinal instabilities/abnormalities
- Atlantoaxial instabilities
- Scoliosis >30
- Kyphosis
- Lordosis
- Joint subluxation and dislocation
- Osteoporosis T-score \_\_\_\_\_ Date of exam \_\_\_\_\_
- Osteogenesis imperfecta
- Coxa arthrosis
- Pathological fractures

**MEDICAL**

- Indwelling catheter
- Allergies
- Cancer
- Diabetes
- Peripheral vascular disease
- Hemophilia
- Serious cardiac condition
- Hypertension
- Respiratory compromise
- Fatigue/poor endurance
- Skin breakdown

**NEUROLOGICAL**

- Hydrocephalus/shunt
- Tethered cord
- Atlantoaxial instabilities
- Spina bifida
- Chiari II malformation
- Hydromyelia
- Cranial deficits
- Paralysis due to spinal cord injury
- Seizure disorder
- Spinal orthoses
- Heterotopic ossification
- Internal spinal stabilization device

**PSYCHOLOGICAL/BEHAVIORAL**

- Danger to self or others
- Animal abuse
- Substance abuse
- Thought control disorder

Initial here if none of the above conditions are present: \_\_\_\_\_

Please indicate any additional precautions or other relevant information regarding this patient’s health that should be considered to determine eligibility for equine-assisted activities.

**Mail or email completed form to:**

Morning Star Riding Center, 18221 S. 68<sup>th</sup> Street, Hickman NE 68372 [info@stillwaterseq.org](mailto:info@stillwaterseq.org)

**Licensed Health Care Provider Statement**

In my opinion, this patient can participate in supervised equine-assisted activities, including horseback riding. I understand Morning Star Riding Center will weigh all medical/psychological information and this statement against any precautions and contraindications presented here. Therefore, I refer this patient to Morning Star Riding Center for final determination of eligibility.

Provider Name/Title (Print): \_\_\_\_\_

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

License/UPIN Number: \_\_\_\_\_